

From the kitchen of Natalie 'Figgy' DiBenedetto

Figgy's favorite:

SUPER CREAMY MAC 'N' CHEESEY

serves 4-6

INGREDIENTS

- 2 quarts of cooked pasta preferably short and tubular (penne, cavatappi, macaroni)
- 1/2 cup unsalted butter
- 1/2 cup flour
- 5 cups whole milk (or more depending on consistency)
- 2 ounces cream cheese
- 1 cup shredded cheese (Cheddar, Gouda, Parmesan, Colby, American, or a combination)
- 1/4 teaspoon nutmeg
- Salt and pepper to taste

DIRECTIONS

1. Melt the butter over medium heat in a heavy-bottomed pot.
2. Whisk in butter to form a roux having the consistency of wet sand.
3. Whisk in milk, and continue to whisk until mixture comes to a simmer.
4. Add the cream cheese and the cups of the cheese of your choice, and continue to whisk and simmer.
5. Season with nutmeg, salt and pepper, and adjust with more milk if needed.
6. Add mixture to cooked pasta of your choice and serve immediately.

